

# Liquid metal particle popping: Macroscale to nanoscale



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## ABSTRACT

Liquid metal nanoparticles can be used to produce stretchable electronic devices. Understanding the mechanical properties of liquid metal nanoparticles is crucial to optimizing their use in various applications, especially printing of flexible, stretchable electronics. Smaller nanoparticles are desired for high-resolution printing and compatibility with existing scalable manufacturing methods; however, they contain less liquid metal and are more difficult to rupture than larger particles, making them less desirable for post-processing functionality. This study investigates the mechanics of liquid metal particle rupture as a function of particle size. We employ compression of particle films to characterize the composition of the particle core and derive a minimum particle size required to achieve sintering and subsequent conductance. We further derive the force required to rupture a single particle and validate the results by rupturing individual nanoparticles using atomic force microscopy. Finally, we relate the liquid metal nanoparticles to isotropically-elastic thin-shell microspheres to approximate the particle shell stiffness. An increased understanding of the behavior of liquid metal nanoparticles during rupture reveals limitations of current manufacturing processes and paves the way for the next generation of scalable mass-producible soft electronics using additive manufacturing technologies.

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## 1. Introduction

Liquid metals offer new opportunities for flexible, stretchable, and shape changing electrical components [1–10]. Effective techniques to process liquid metal have been demonstrated and include injection into microchannels [1,3], imprinting [11], masked deposition [12], and extrusion [13–15]. Although it is possible to manipulate liquid metals at submillimeter length scales, these techniques are greatly inhibited by the spontaneous formation of a thin metal oxide layer on the liquid metal surface in the presence of oxygen. This metal oxide is the mechanism behind the unique capability of liquid metals to form free-standing structures [14,16], but also produces a high surface tension that makes them incompatible with scalable liquid processing techniques [16,17], such as inkjet printing. Inkjet printing is desirable due to its capacity to create high resolution patterned devices while remaining a high-yield process. The ability to inkjet print any liquid for a particular application is indicated by the Ohnesorge number, which relates the

viscous forces to inertial and surface tension forces, and liquid metal has been shown to be outside the range of printability [18].

We have recently demonstrated the ability to inkjet-print liquid metals by dispersing liquid metal nanoparticles in a printable carrier solvent, which allows us to leverage the carrier solvent properties during processing and the liquid metal properties post-deposition [19]. The liquid metal nanoparticles are electrically insulated by an oxide shell that may be ruptured via application of pressure to sinter the particles and form an electrical path. However, optimal particle preparation conditions for compatibility with drop-on-demand printing and functionality post-processing are contrasting: particle size should be minimized for compatibility with printing to avoid nozzle clogging, while particle size should be maximized for electrical functionality to increase the ratio between conductive liquid metal and semi-conductive metal oxide after particle sintering.

Here, a detailed characterization of liquid metal particle sintering through particle rupture is described. We characterize the electrical response of liquid metal nanoparticle films using compression testing and derive a minimum particle size required to achieve sintering and subsequent sheet conductance. We further derive the force required to rupture a single particle as a function of particle size and introduce a composition model for the liquid

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metal particle core and corresponding metal oxide shell thickness. These results are validated using an atomic force microscopy (AFM) nanoindentation method, through which the individual particles are ruptured with an AFM tip. This work suggests that at sub-micron scales the repeated formation of the metal oxide shell around the liquid metal particles may greatly alter the composition of the particle core. The inherent relationships between particle formation, core and shell composition, and conductance after coalescence are expected to enable scalable manufacturing of liquid metal-based soft electronics.

## 2. Nanoparticle formation and characterization

In an approach similar to that of Hohman et al. [17] and revised by Boley et al. [19], we created stable ethanolic nanoscale liquid metal colloids using sonication, which induces mechanical separation to form liquid metal nanoparticles due to the presence of high oscillating shear forces, as shown in Fig. 1(a). The liquid metal employed in this work is a commercially available eutectic gallium–indium (EGaIn; 78% Ga and 21.4% In by mass; 15.5 °C melting point, Figure S1). Due to exposure to oxygen during the sonication process, gallium oxide continuously forms, fractures, and reforms, which results in decreasing particle size with increasing sonication time (Fig. 1(b)). Similar to the gallium oxide that forms on pure gallium particles [20], the semi-solid oxide layer is electrically insulating and mechanically stabilizing, which prevents spontaneous particle coalescence [21–24]. After sonication, a broad distribution of particle geometries were observed [25,26]. Previous experiments have employed thiols (for example, 3-mercaptopropionamide (1ATC9)) and polyvinylpyrrolidone (PVP) to achieve geometric and size uniformity, as well as encourage proper suspension [17,19]. Here, we examine liquid metal nanoparticles with oxide coatings and thiol coatings to characterize the mechanical and electrical properties of both types of particles.

Using identical methods to Boley et al. [19], we produced liquid metal nanoparticles both with and without thiols with sonication times ranging from 30 to 960 min. The particle sizes were characterized using scanning electron microscopy (SEM), with selected samples shown in Fig. 1(c) (SEM images for all samples used can be found in the Supporting Information). Previous results indicated the average particle size started to plateau at slightly above 200 nm for particles without stabilization agents (thiols); however, those studies did not explore sonication times beyond 120 min [19]. Samples generated by significantly longer sonication times returned a much smaller asymptotic average particle size of approximately 50 nm, as Fig. 1(b) shows for thiolated and non-thiolated particles. As seen in Fig. 1(c), samples sonicated for shorter periods of time (e.g., 30, 90 min) display a larger variance in particle size, with average diameters decreasing with increasing sonication time. It can also be seen that the presence of thiols in solution aids in the formation of smaller, more monodisperse particles; the particle size distribution in non-thiolated thiolated samples shown in Fig. 1(d) is much greater than that of thiolated samples shown in Fig. 1(e).

## 3. Particle rupture experiments and results

### 3.1. Particle film rupture

Particle film compression tests were used to determine the relationship between mean particle size and the pressure required to sinter the particles. Mechanical sintering of a film of liquid metal particles has been previously studied [19], and here we extend this work to include both thiolated and non-thiolated particles over a greater range of sizes. Using a single column materials tester, thin films of liquid metal nanoparticles were compressed using

two parallel plates while simultaneously measuring the sheet resistance, as shown in Fig. 2(a). The rupture forces of the particles found using these experiments are represented in Fig. 2(b) which compares the approximate rupture force per particle versus the average particle diameter. Fig. 2(c)–(d) show raw data for both the non-thiolated and thiolated particles. The curves consistently exhibit the following pattern as the particle films are compressed; (1) a non-conductive state as the flat plate contacts and begins compression of the film, (2) a jump in voltage that signifies successful sintering of the particle film, (3) a continued conductive phase as the film is further compressed, and (4) a saturation state at which compression forces ink out from underneath the plates and breaks the conductive path. Some noise is visible in the data, particularly during the conductive phase; we expect this is due to a combination of polydispersion of the particles and the complex load distributions between particles, both of which may lead to some particles in the film rupturing before others.

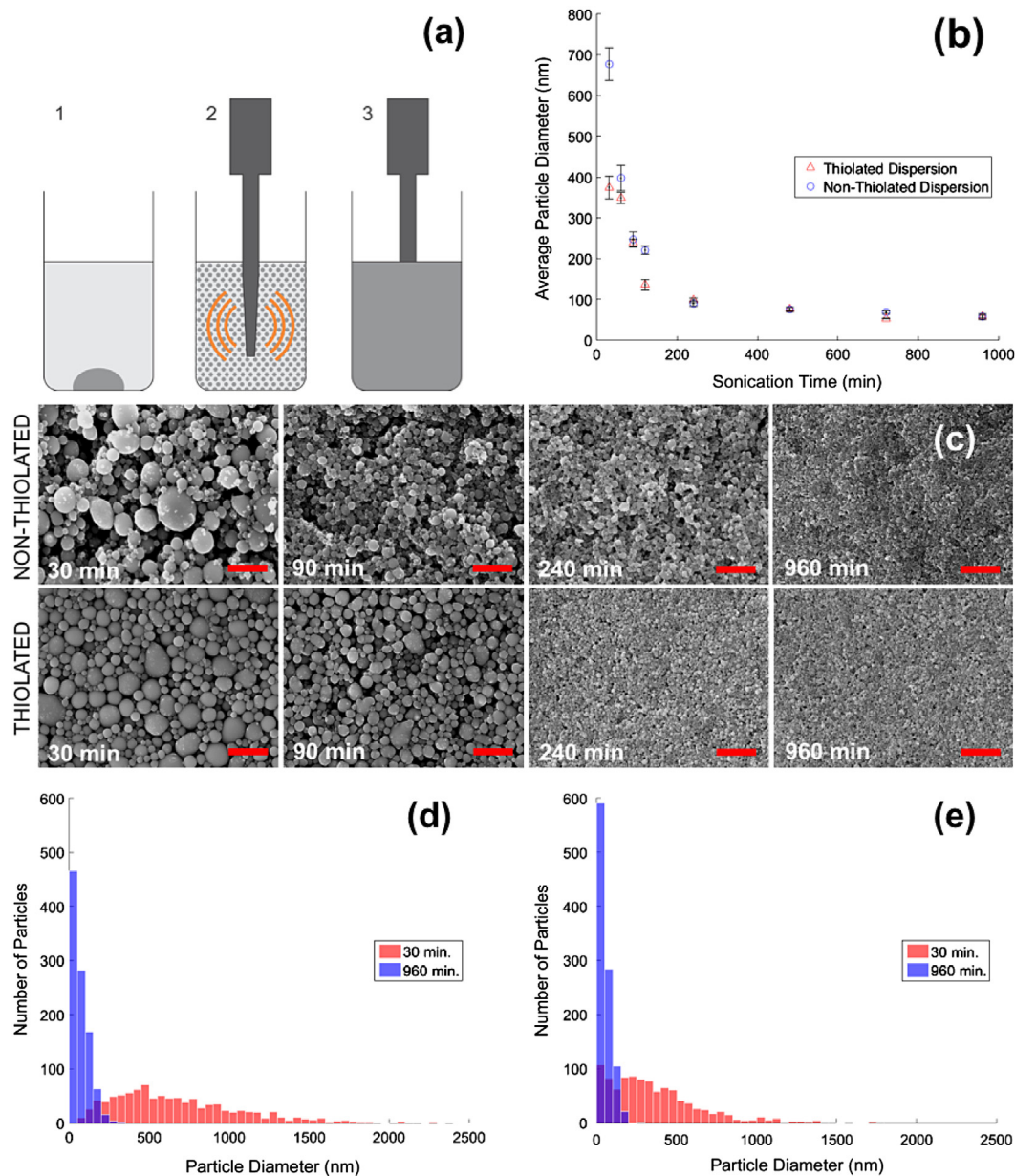
As seen in Fig. 2(c)–(d), although the thiolated and non-thiolated particles were sonicated for identical durations, the thiolated particles were smaller and more monodisperse, and therefore required greater forces to achieve conductance. We also note that data for films comprised of smaller particles ( $d < 70$  nm) are not available, as those particle films did not become conductive over the range of forces applied. Using data from these experiments, a relationship between particle size and the required force for sintering was developed (Fig. 2(b)). As detailed in previous work [19], the approximate rupture force per particle,  $f$ , can be calculated as:

$$f = \frac{Fd^2}{pD^2} \quad (1)$$

where  $F$  is the applied force required to sinter the particle film,  $D$  is the diameter of the flat polymethyl methacrylate punch used to compress the particles ( $4.35 \pm 0.3$  mm),  $d$  is the average particle diameter, and  $p$  is the areal packing factor for the particles (assumed to be a constant 0.82 [27]). The resulting rupture force per particle as a function of particle diameter shows linear dependence, which agrees with similar studies focused on rupture of the rigid shell around fluid-filled microcapsules [28,29]. The smaller variance in particle size for smaller mean particle diameters is reflected in Fig. 2(b), as the error bars decrease with decreasing particle size. Fig. 2(b) also shows that the particle rupture force for thiolated and non-thiolated particles is similar for small particles and diverges with increasing particle size. This implies that the mechanical properties of the thiol coating and the metal-oxide coating converge at small particle sizes ( $< 100$  nm).

### 3.2. Particle core composition

Let us consider a single gallium–indium liquid metal nanoparticle under sonication. We assume that the initial composition of the nanoparticle is 78.6% Ga and 21.4% In by mass (determined by the eutectic point of gallium–indium alloy, phase diagram shown in Figure S1), that the mass of the metal is conserved, and that gallium oxide formation on the surface of the nanoparticle contains no trace indium. As gallium oxide forms on the surface of the nanoparticle, gallium composition in the particle core decreases and the core becomes indium-enriched. Fig. 3(a) shows the relationship between particle size, gallium oxide thickness, and the percent of gallium in the particle core. We note that the gallium–indium phase diagram shows that a gallium–indium alloy will no longer be liquid at room temperature for gallium compositions less than 73%. Therefore, our model indicates a threshold at which the particle core composition will transition from liquid to solid at room temperature. As noted previously, we were unable to experimentally sinter particles with diameters less than 70 nm. Inspecting

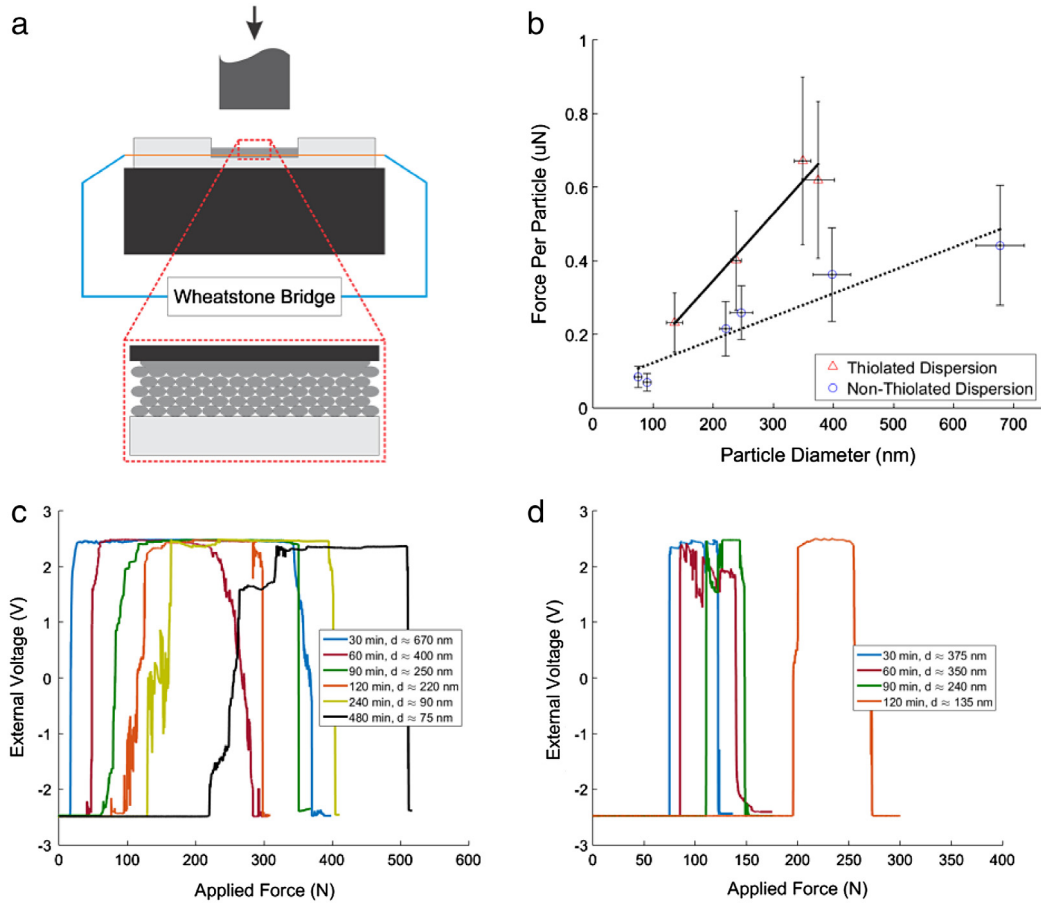


**Fig. 1.** (a) Schematic showing the nanoparticle fabrication process. (b) Average particle diameters for thiolated and non-thiolated dispersions as a function of sonication time. Error bars shown represent one standard deviation. (c) SEM images of non-thiolated and thiolated particles at various sonication times. Scale bar represents 2  $\mu\text{m}$ . (d)(e) Histograms showing a large polydisperse distribution of particle sizes for the 30 min sonication samples and significantly narrower size distribution for samples sonicated for 960 min ( $n = 1000$ ) for non-thiolated and thiolated particles, respectively.

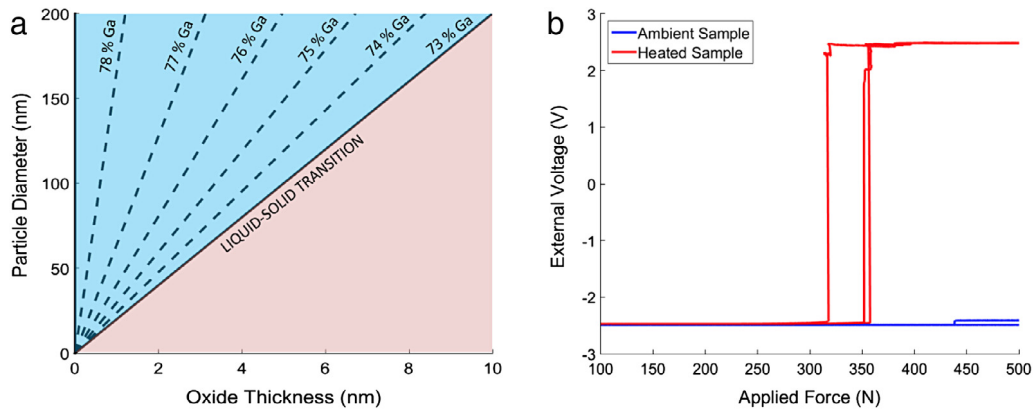
our model at this minimum rupture threshold, we see that the liquid–solid core transition for 70 nm diameter particles corresponds to an oxide thickness of approximately 3 nm. Multiple studies have attempted to quantify the thickness of the gallium oxide shell using X-ray scattering and/or photoelectron spectroscopy, resulting in a range from  $\sim 0.5$  to 5 nm [20,30,31]. Lin et al. and Ren et al. recently performed studies using TEM and quantified the oxide thickness of liquid metal nanoparticles at 3 nm for similarly sized particles [32,33], which supports the prediction of our model. Our model further predicts that liquid metal particles with diameters less than 70 nm and an oxide thickness of 3 nm should have solid cores, which aligns with our previous observation that particle films comprised of small particles ( $d < 70$  nm) cannot be sintered at room temperature.

We validated our model via compression experiments using particles that were approximately 55 nm in diameter, which is less

than the predicted 70 nm threshold that the model suggests will produce solid-core particles under these fabrication conditions. We compressed (sintered) particle films in a materials tester at ambient temperature, where the particle core is predicted to be solid, and an elevated temperature above the melting point of the solid gallium–indium alloy core. For the elevated temperature tests, the particle films were deposited onto a plate heated to 50  $^{\circ}\text{C}$  and allowed to sit for approximately 10 min to allow the temperature of the films to stabilize. The films were then compressed using the same parameters as the original film compression tests. As visible in Fig. 3(b), heated particle films were successfully sintered by applying between  $\sim 300$  and 350 N of force, whereas particle films at ambient temperatures continued to record no electrical response. This result is consistent with our hypothesis that long sonication times result in small and solid-core particles that cannot be ruptured in ambient conditions.



**Fig. 2.** (a) Compression testing of liquid metal nanoparticles using a materials tester. Liquid metal nanoparticle dispersion (50  $\mu\text{L}$ ) is deposited into a PDMS reservoir fitted with copper wires to measure the resistance during compression. The coalescence of particles is represented in the inset, where particle packing orientation and density are not always known. (b) Particle film compression data—average rupture force per particle vs. mean particle diameter. Error bars represent one standard deviation ( $n = 5$ ). Linear approximation shown. (c)(d) Compression experiment data for non-thiolated and thiolated particles, respectively.



**Fig. 3.** (a) Model relating particle size, gallium oxide thickness, and percent gallium composition in the particle core. Blue region represents particles with liquid cores (which may be ruptured), pink region represents particles with solid cores (which cannot be ruptured). Equation of approximate phase transition line is  $D = 20.0072t$  where  $D$  is the particle diameter (nm) and  $t$  is the oxide shell thickness (nm). (b) Results of film compression testing of  $\sim 55$  nm particles during heating, activation only achieved for samples heated during compression ( $n = 3$ ). (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

### 3.3. Single particle rupture

In order to validate the rupture force per particle as derived from the bulk particle film compression data, we sought to conduct rupture experiments on individual nanoparticles using atomic force microscopy (AFM). To isolate single particles, we first created a monolayer of nanoparticles using the Langmuir–Schaefer method, as seen in Fig. 4(a) (process detailed in Figure S4) [34–37].

Similar experiments have shown that AFM compression of microcapsule monolayers does not differ from compression of isolated microcapsules [38]. Because uniform particle size and geometry are desired to produce a monolayer, thiolated particles were used to encourage monodispersity [17]. All particles were sonicated for the same duration and underwent differential centrifugation to eliminate extreme variation in particle size, aiding in the formation of a relatively uniform particle monolayer. Fig. 4(b)–(c) show AFM

height and phase maps that confirm the popping of an individual liquid metal nanoparticle, which was further verified using SEM, a technique that has previously been used to identify the rupture of filled particles [39,40].

A single particle rupture experiment is shown in Fig. 4(d)–(e) and comprises of the following sequence: (1) The AFM tip ( $\sim 5$  nm at the thickest point) is lowered until contact is made with the particle shell. (2) Variation in force can be seen in the early regions of contact before the particle shell fractures, which is consistent with previous AFM indentation experiments on hard-shelled fluid-filled capsules that have shown buckling, bulging, and dimpling of the outer shell as the localized pressure increases [33,41–43]. (3) The tip completely penetrates through the shell, at which point the particles are assumed to be ruptured. (4) Following penetration, complete fracture of the shell occurs, allowing liquid to flow out. (5) Finally, as the liquid flows from the fractured particle shell, contact with ambient oxygen causes an oxide to form, fracture, and reform under the AFM tip, as indicated by the force oscillations shown in Fig. 4(d). We note that this single particle rupture process includes both the compressive and adhesive force as the AFM returns to its original vertical position. The adhesion forces as the AFM tip retracts are minimal compared to the bulk mechanical loading and, therefore, were not included in the following analysis [44].

The single particle rupture data was used to verify measurements made on bulk particle films. Fig. 5(a) shows the measured force per particle, taken as point 3 in Fig. 4(d)–(e), with respect to particle diameter. Primary sources of error come from the AFM force data that are subject to the local failure properties of the shell and imperfect centering of the tip contact at the poles of each particle [45]. Due to the differential centrifugation process used to isolate ranges of particle sizes for preparation of the monolayer, particles of less than 100 nm in diameter or larger than 500 nm were not tested. However, the AFM data further supports our claim that the trend is linear by nature and also validates the assumptions of the macroscale model, as seen by comparing the rupture force magnitude in Figs. 2(b) and 5(a) (combined in Supporting Information Figure S5). We believe that the slight difference of the slopes between the film sintering experiments and the single particle rupture experiments can be attributed to the difference in tip geometry and thus, the surface area in contact with the plate or tip [45–47]. When rupture occurs during compression between parallel plates, the contact area is much larger than with a sharp tip, where the contact area on the particle is only a small fraction of the total surface area [19,45].

### 3.4. Particle shell characterization

The individual particle rupture experiments were further used to derive the stiffness of the particle shells. The particles can be considered as isotropically-elastic thin-shell microspheres as long as: (1) the ratio of shell thickness to radius is smaller than 0.05, (2) the applied load is point-like, and (3) the load is exerted at the poles of the particle. The popping experiments completed here fulfill the former two conditions and partially fulfill the third, as shown by the centered application of force on the particle in Fig. 4(c) [43,48]. Meeting these requirements, the particle shell stiffness is the slope of the force–distance-curve, defined as the linear region between points (2) and (3) in Fig. 4(d)–(e):

$$k = \frac{f}{\delta} \quad (2)$$

where  $k$  is the stiffness of the particle shell,  $f$  is the measured rupture force for a particle, and  $\delta$  is the displacement of the AFM tip. A plot of resulting stiffness for all particles ruptured can be seen in Fig. 5(b). The average shell stiffness of all liquid metal particles

tested was  $16.04 \pm 4.03$  N/m, which is comparable to the stiffness of harder foams and softer polymers ( $E \sim 0.4$  GPa). Based on these findings, we conclude that there is no correlation between the size of thiolated particles and stiffness of the thiol shell. However, the derived thiol shell stiffness is useful for both approximating the stiffness of metal oxide shells for small particle diameters ( $< 100$  nm, as shown in Fig. 2(b)), as well as identifying our ability to rupture the particles on various substrates. Throughout our experiments, we have qualitatively noted that it is easier to rupture the liquid metal nanoparticles on stiffer substrates, while rupture is often not achievable on very soft substrates. We suspect that this observation is directly correlated to the stiffness of the particle shell relative to the stiffness of the substrate. For maximally flexible electronics printed on soft elastomers, larger, oxide-coated particles will minimize the effect of stiffness of the particle shell and enable rupture compatibility with soft substrates.

## 4. Conclusion

In this study, we have extended previous characterization of liquid metal nanoparticles based on exposure to ultrasonication, specifically to achieve particles between 650 and 50 nm in diameter. The electrical response of thiolated and non-thiolated particle films was evaluated via mechanical compression between parallel plates, demonstrating a threshold force at which sintering may be achieved. A linear relationship between particle size and particle rupture force was derived and validated via the rupture of individual particles using AFM. Furthermore, we have derived the relationships between particle formation, core composition, shell stiffness, and conductance after rupture and coalescence. We expect these relationships to contribute to future scalable manufacturing of liquid metal-based soft electronics.

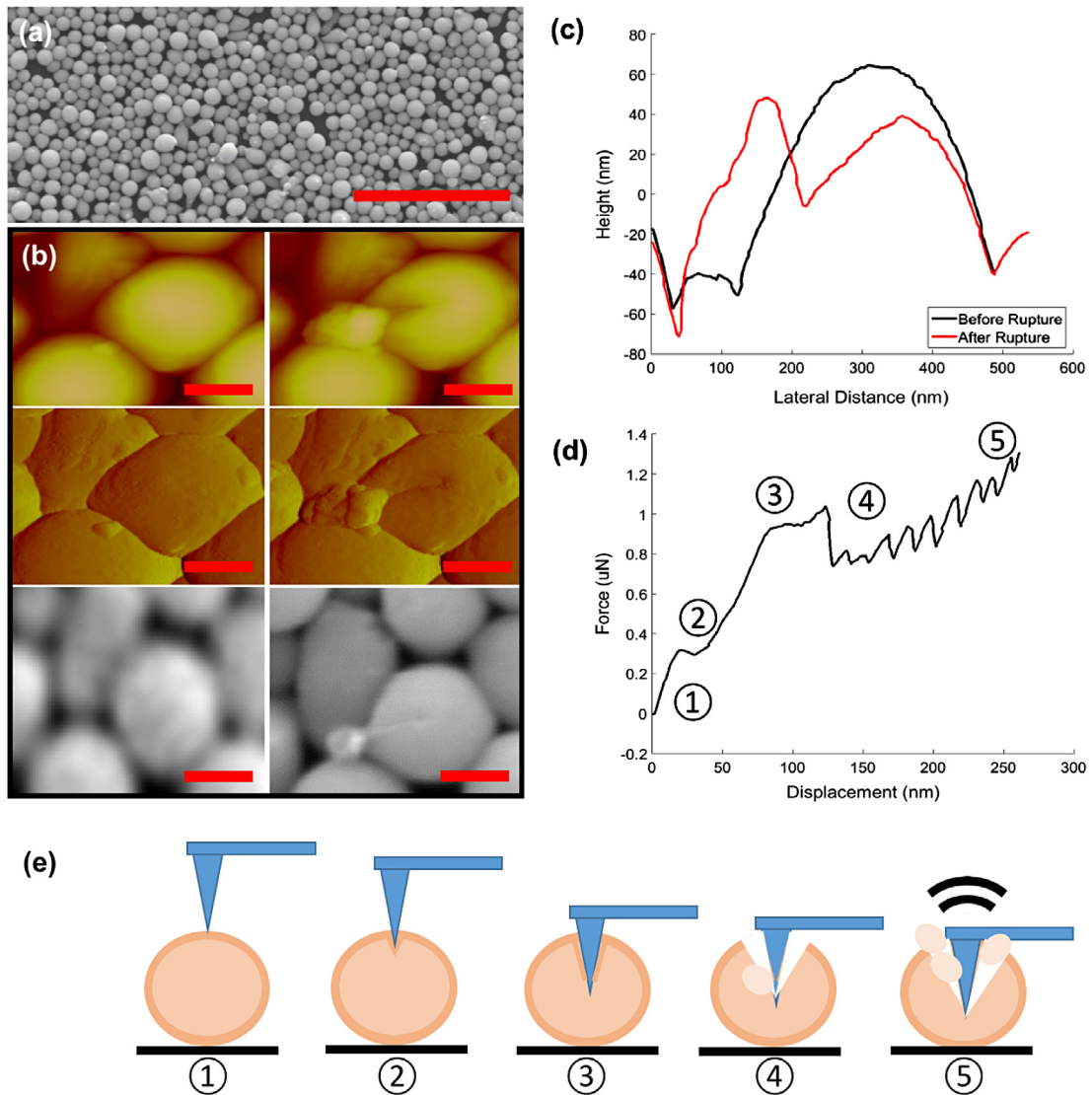
## 5. Experimental section

*\*Portions of this procedure, specifically regarding nanoparticle fabrication and film rupture testing, were originally conducted by Boley et al. [19] They are shown here as a reference.\**

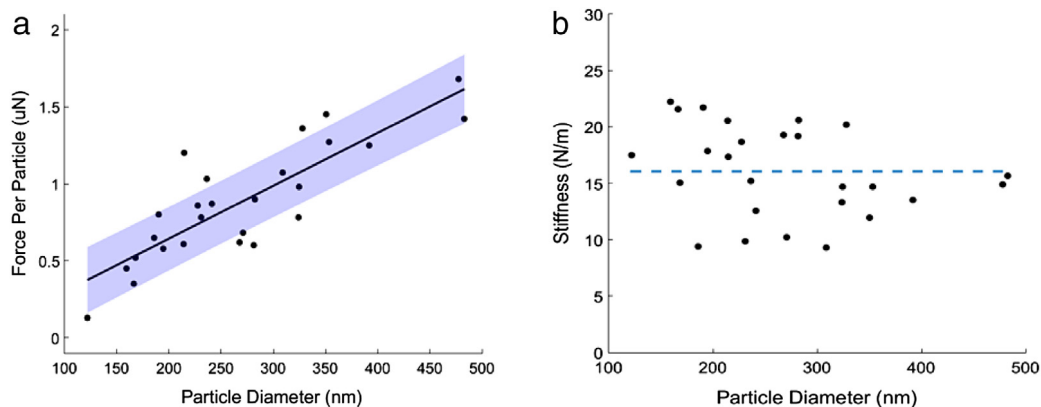
### 5.1. Liquid metal nanoparticle fabrication

All non-thiolated liquid metal nanoparticles were made using a fixed mass ( $362 \pm 5$  mg) of eutectic gallium–indium (EGaIn; Sigma Aldrich PN 495425) deposited into a Kimble Chase 3 dram glass vial using a 3 mL BD Syringe and a Nordson 14G needle (PN 7018043), weighed using a OHAUS Pioneer mass balance. Prior to the addition of materials into the glass vial, a sequential cleaning process consisting of washing and drying Liquinox cleaning solution (Alconox PN 1232), distilled water, and neat ethanol was done to prevent any interference from chemical residue on the interior of the vial. Each sample was suspended in the vial by micropipetting (BioPette Plus PN BPP1000) 4 mL of ethanol (Koptec PN V101). The suspended samples were made using a QSonica Q700 microtip sonicator (PN 4417) at 30% amplitude at a fixed distance ( $\approx 1$  mm) for various durations, ranging from 30 to 960 min. Parafilm was placed over the opening of the vial to prevent foreign entry. Prior to obtaining samples used for particle or film characterization, each sample was vigorously re-suspended using a Vortex-Genie 2 shaker (Cole–Parmer PN UX-04724-05) to achieve uniform particle distribution within the suspension.

For creation of thiolated liquid metal nanoparticles, a diluted thiol ethanol solution was added to the cleaned glass vials containing the fixed mass of liquid metal. The solution was created by adding a measured mass of 3-mercapto-*N*-nonylpropionamid thiol (Sigma Aldrich PN 686492) to a volume of ethanol and stirred vigorously until fully dissolved. Samples were sonicated



**Fig. 4.** Schematics of the AFM experiment single particle rupture experiment. (a) Self-assembled monolayer of liquid metal nanoparticles using the Langmuir-Schaefer method. Scale bar represents 3  $\mu\text{m}$ . (b) AFM Z map (top), AFM phase map (middle), and SEM images (bottom) of particles before (left) and after (right) rupture. Images on the right show that the particle shell is visibly broken and liquid metal has spilled out. Scale bars are 100 nm in length. (c) Cross-section of a single liquid metal nanoparticle before and after rupture. (d) Force-displacement curve represents a single popping test. Numbers correspond to process in (e). (e) Schematic showing particle popping sequence: 1. AFM tip makes contact with particle; 2. Viscoelastic shell of particle undergoes limited deformation; 3. AFM tip penetrates oxide shell, liquid metal is exposed; 4. Complete fracture of oxide shell, liquid starts to flow out; 5. Exposed liquid reforms shell, causing variation in force as shell resists tip motion.



**Fig. 5.** (a) Single particle rupture data—measured rupture force vs. particle diameter. Confidence band around data represents one standard deviation based on overall data set. Linear approximation shown. (b) Stiffness measurements for all AFM particle rupture tests. The dotted line represents the overall average.

for 60 min at room temperature before undergoing a differential centrifugation process to focus efforts on a limited range of particle sizes. The samples were first subjected to 6238 relative centrifugal force (RCF) in a micro centrifuge (Cole–Parmer PN WU-39065-05) for 20 min. The aliquot was removed and replaced by an equal volume of new ethanol, in which the pellet was resuspended using a bath sonicator (Branson M1800) and the Vortex-Genie shaker. The samples were then centrifuged again, but at only 250 RCF. This process was repeated at this RCF three times in order to achieve particle size purification. Thiolated particle shells were analyzed using X-ray photoelectron spectroscopy (XPS), showing the presence of some oxide in the shell composition (see Table S1 in Supporting Information).

## 5.2. Particle characterization

Scanning electron microscopy (SEM) was used to determine the average particle size. After depositing 50  $\mu\text{L}$  of each onto cleaned (rinsed/dried with acetone, isopropanol, ethanol, water) silicon wafers (WRS Materials PN 3POSSP-002) using a micropipette (BioPette Plus BPP200), high resolution images were obtained using an SEM (Philips XL-40 FEI, 15 kV, 3  $\mu\text{m}$  beam spot size). The images were then processed using ImageJ (Fiji) through the following procedure: (1) Raw grayscale SEM images were converted to a binary image (Image > Adjust > Threshold, with a lower cutoff of  $\approx 30$  and an upper cutoff of  $\approx 230$  and dark background option); (2) each resulting image was segmented using built in ImageJ watershed function (Process > Binary > Watershed) [49]; (3) the sizes of all visible particles were calculated using ImageJ's particle analysis package (Analyze > Analyze Particles with size ranging from 10 square pixels to infinity, circularity from 0 to 1, showing the bare outline of particles); (4) the diameter was computed for each particle based on a spherical approximation and then averaged for each sample.

## 5.3. Film rupture—conductance testing

The non-thiolated dispersion was added one drop at a time (50  $\mu\text{L}$  in total) via micropipette (BioPette Plus BPP200) into a reservoir made of polydimethylsiloxane (PDMS) elastomer. After spin coating PDMS (Dow Corning Sylgard 184) with a 10:1 ratio between the base and crosslinking agent at 200 RPM using a spin coater (Specialty Coating Systems G3-8) copper wires were added to each reservoir. A second coat of PDMS was applied using the above spin coating process. Using a desktop laser system (Universal Laser Systems VLS2.30),  $\approx 2.5$  mm holes were cut using a laser ablation technique to hold the added dispersion later on (Figure S6). The samples were loaded into a single column materials tester (Instron PN 3345) fitted with a 1 kN load cell. The copper leads on the PDMS reservoirs were connected to a Wheatstone bridge circuit, where the other three resistors in the circuit were 1000  $\Omega$  and the voltage supply at 5 V (Figure S7). The circuit output was connected to the materials testing unit so that the built in software package could measure the external voltage output as a function of both displacement and applied force. Samples were compressed at a steady rate of 1 mm  $\text{min}^{-1}$  three times for each desired test.

## 5.4. Oxide phase validation

Non-conductive samples underwent identical compression tests using the materials tester but with a heated base. A heat sheet (McMaster-Carr PN 8009T14) was wrapped around the steel base of the materials tester and heated the sample via conduction through the material. The temperature was elevated using a programmable temperature controller (McMaster-Carr PN

4314K6) and verified with an attached thermocouple (McMaster-Carr PN 37045K192). The temperature of the materials tester base was held constant at 50  $^{\circ}\text{C}$ . After depositing 50  $\mu\text{L}$  of dispersion into the reservoir, the compression test resumed as described above at a compression rate of 1 mm  $\text{min}^{-1}$ .

## 5.5. Langmuir monolayers of liquid metal nanoparticles

A thiolated dispersion of liquid metal nanoparticles was sonicated for one hour before centrifugation and added to a Kibron microtrough (5 cm  $\times$  23 cm). As seen in Figure S4, particle size is controlled by differential centrifugation, a process that uses various g-forces to fractionate the particles. By using high forces and resuspending the precipitate, the unwanted under-sized particles can be discarded. Likewise, exposure to lower g-forces and keeping the supernatant allows for the disposal of over-size particles. This method allows us to create a monolayers of particles with minimal size variations. For each monolayer, a total of 3  $\mu\text{L}$  of thiolated dispersion (concentration of 50 mg/mL) was added to the subphase one drop at a time—approximately 0.6  $\mu\text{L}/\text{s}$  using a micropipette (BioPette Plus BPP200). The temperature of the deionized water (18 M $\Omega$  cm) in the trough was 20  $^{\circ}\text{C}$ . Once the ethanol carrier solvent evaporated, the hydrophobic thiolated liquid metal nanoparticles remained on the subphase and a reflective dark silver was observed (reflectivity points to smooth surfaces). The sample was then compressed at 10 mm/min to improve surface coverage (Figure S8). Using the Langmuir–Schaefer method, the newly formed monolayer films were transferred onto an OTS-modified silicon wafer substrate. In order to characterize both the particle size and polydispersity of the nanoparticles and the films composed of them, dynamic light scattering (DLS) was employed using a Malvern Zetasizer Nano ZS at a scattering angle of 173 $^{\circ}$ . SEM imaging was performed on the films using a NOVA nanoSEM FE-SEM field-emission with an accelerating voltage of 10k. The image characterization process was identical to that of the Particle Characterization section. AFM height maps were taken of each film using specifications found in Table S2.

## 5.6. Single particle rupture

Langmuir–Schaefer monolayers were deposited onto an OTS modified silicon wafer substrate (without pt coating) as previously described. The temperature of the deionized water (18 M $\Omega$  cm) in the trough was 20  $^{\circ}\text{C}$ . SEM observations were performed using a NOVA nanoSEM FESEM field emission (FEI) high-resolution microscope using an accelerating voltage of 10 kV. AFM topographic images and force–distance curves were acquired on a Multimode scanning probe microscope (Veeco, USA) at ambient conditions. The sharp indentation tip used was a hard-diamond-like-carbon (Figure S9). The spring constants of the probe were determined using the thermal tune method [50]. The force measurements were done using probe HQ NSC 15/Hard/AL BS (MikroMasch) cantilever with a force constant of 40 N/m, n-type silicon tip ( $h = 12\text{--}18$   $\mu\text{m}$ ,  $r < 20$  nm) (Table S2). The substrate surface was reanalyzed after the tip had both come into contact and been retracted (Figures S10–S11). For the force–distance curve analysis, the sensitivity and spring constant of the cantilever were kept constant at  $41.95 \pm 2.96$  nm/V and  $30.40 \pm 0.44$  N/m, respectively. Procedures were reviewed for: force–displacement curve measurement [50–52], properties of nano-sized capsules [53], adhesion force curve analysis [54], Atomic J software [55], AFM mechanical properties [56], AFM colloid properties [57], and measurements of rigidity [58].

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### Author contributions

T.L. conducted the film experiments and discussed results with E.W. S.H. and J.W.B. conducted experiments with the Langmuir trough and AFM. T.L. wrote the manuscript with help from S.H. and R.K. Further discussions and theories were developed with D.T. and R.K.

### Appendix A. Supplementary data

Supplementary material related to this article can be found online at <http://dx.doi.org/10.1016/j.eml.2017.02.009>.

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